

Welcome to the Custer Cutoff

To make your stay more enjoyable we ask you to; Make yourself at home. There will be coffee available every morning in the studio & the pavilion, which is an excellent time to watch wildlife as the sun rises.

At 6 am & again at 9 am: If you have horses your host / hostess will be around to check and see if you need any supplies etc. Horses in stalls; stalls must be mucked every day. Wood shavings will be distributed by your host/hostess. Horses that have sharp shoes, drill teck or barium on, are not allowed to use stalls as those shoes will destroy the stall matting.

Morning 6:00 am: By appointment: Health & Wellness - One on One Body Work – Swedish & Sports Massage – with oils & scents / Foot De-tox / Bio-Mat / Alpa Stem / Red Light Therapy / Isolated Heated Body Massager / The Wiggler (Healthy Swinger) / Inversion Table.

By appointment: In the studio, will be a relaxed mobility class, where you will learn to relax your ligaments safely gain deep circulation & bone strength. We welcome you to bring your own work-out tape. Yoga / Ariel Yoga are also available.

Afternoons: Are a great time for both inside & outside games. Just ask the host / hostess to show you all the wonderful possibilities.

Any Time is Tub Time: Tub Time includes all types of complementary bathing amenities. Speak with your host / hostess so they can show you how to fill, drain & clean your tub. Bring your towel/robe – or not, / phone / snacks & beverage. This event is a must do while here at The Custer Cutoff.

Late Afternoon & Evening: The Studio is a great place to hang out. There you will find; 2 game/dining tables, foosball table, reading/library area, TV viewing & bar area & open area for dance, ping pong, etc. Check with your host / hostess they can show you where the good stuff is. Children under the age of 13 must be accompanied by an adult or responsible sibling.

Evenings: Can be arranged with a fire in the fireplace room. Just inform your host / hostess this is something you would like, as well as, using the various grills / adobe oven. They will show you the in & outs of the fireplace room, as well as the portable fire grill or arrange a dinner catered to your desire.

Throughout the day & night: **Cabin & Loft guests are first in line to use** the showers, tubs and sauna. The refrigerators are for Loft & Cabin guests. Check with your host / hostess as to Cabin & Loft residency in order for you to have extra refrigeration/freezer space if needed. The Picnic Pavilion is for all to enjoy.

Any Time: Various services are available, such as: Use of: paddle board, kayaks, bikes, riding horses, trailer service, black water dump, domestic & livestock chores or driver. Just ask your host/hostess.

During your stay: You will see three bar areas located in the summer kitchen, studio & dome. If you forgot your spirits, ran out or wish to try something new, you are welcome to help yourself. Adults only can arrange to a time to visit the Cabarn which is located below the studio – contact Catherine. This is where you will find a saddle & tack repair shop & other treasures that you may need. Catherine is a certified equine sports massage therapist who if you like, you can arrange for an evaluation of your horse's condition & check the fit your saddle & tack.

The Custer Cutoff is a non-profit, health & wellness family-oriented venue, where Catherine is paying it forward. There is no charge for guest speakers & wellness services. Christian values, American pride & a concern for the health & wellness of our planet, yourself & others is expected. Children & Pets must be supervised at all times. We want you to enjoy your stay & we strive to think of every detail, knowing that if we do our best, we will see you in the future. **Donations – are used for property maintenance.**

YOUR HOSTESS is Catherine 507-276-8571 WiFi is: TaueringPines2020

NO smoking or Pets in any buildings. Dog poop must be picked up daily & put at the base of a tree. Be mindful & respectful.